

EXPLORE HIMALAYA EXPERIENCE-NEPAL

WE CARE ABOUT
OUR HOST COMMUNITIES

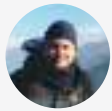


**RESPONSIBLE
TRAVEL COMPANY**

COMMUNITY BASED TOURISM . SUSTAINABLE TRAVEL PACKAGES

NEPAL'S CULTURE & HIMALAYAN ADVENTURE

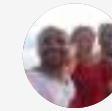




Shai200, from Montreal Canada

★★★★★

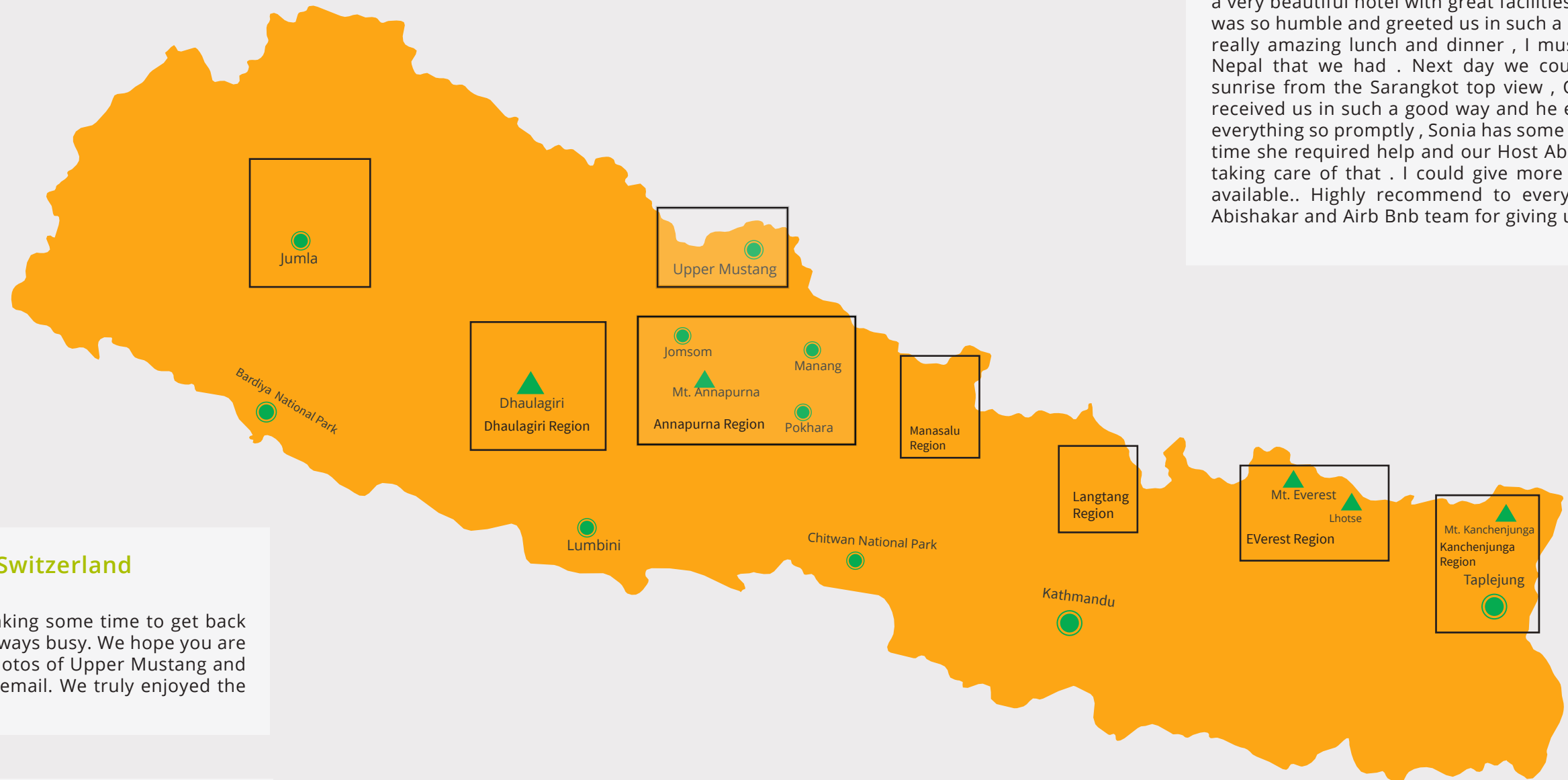
Amazing journey! Recommended!. Great guides, very helpful, help with any issues during trip, highly reliable and very recommended!



Sumeet & Sonai From India & Portugal

★★★★★

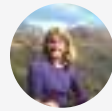
I am glad that we chose this experience which really gave us a touch to go more into deep and understand how people live there and about their lifestyle, we could see many beautiful things while trekking like source of water for villagers, school in village, wooden crafts, villagers meeting places, plantation, wooden work, etc... We could see beautiful landscape and City view from the top of mountain which was so beautiful. While 2-3 hours walk we reached to a very beautiful hotel with great facilities.. Host of the hotel was so humble and greeted us in such a nice way, food was really amazing lunch and dinner, I must say best food in Nepal that we had. Next day we could see a beautiful sunrise from the Sarangkot top view, Our host Abishakar received us in such a good way and he explained each and everything so promptly, Sonia has some visual issues sometime she required help and our Host Abishakar was always taking care of that. I could give more star if it would be available.. Highly recommend to everyone !!! Thank you Abishakar and AirBnB team for giving us great experience.



Sandra and Res, Switzerland

★★★★★

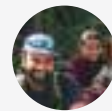
Hello Aabiskar, Apologies for taking some time to get back to you. After holidays work is always busy. We hope you are well. Attached you will see some photos of Upper Mustang and some more follow by separate email. We truly enjoyed the Upper Mustang trip.



Gabriela Bruder, from Switzerland

★★★★★

Hi Aabiskar, the Mardi Himal Trek was incredible. Everything worked sensational. Every day was special and I had an incredibly great experienced guide at my side who took care of everything. So the Trek was very safe. I was glad that I had a guide who knew the route very well and was always able to tell me how long a challenging route will take. This was very helpful. Also, I got great information about the mountains, nature, culture and the villages we went through. Ramesh is a very responsible guide who made this trek unforgettable. I felt all the time safe and very well. I highly recommend him. Thank you all for that great experiences. Because the preparations were as top as the trek itself. Kindly.



Sahil -Firstlightexp Mumbai, India

★★★★★

Exceptional Travel Services.....We worked with EEM for our group bookings of 15 people and they managed it to the T despite last minute changes. A special mention of Aabiskar Thapa, he was always available and patiently helped us through the process. Highly recommend EEM and Abi for



NextVoyage Kathmandu, Nepal

★★★★★

3 days trek from Nayapul to Punhil to see sunrise and Annapurna. Great experience. Ramesh was incredible guide and we became friends. He knew when to stop and when to push the group up. He also knowledgeable and interesting to chat with. This trek up to Punhil is incredible for first-timers in Nepalese Himalayas. And sunrise on the 3d day with the view of majestic giants was a highlight of the trip.

WHY TRAVEL WITH US?

WE SUPPORT RURAL ECONOMY

Tourism is one of the world's most powerful economic industry which have impacted directly to the local people. Nepal is generating nearly 7.9 % of its GDP in 2019 from the Tourism industry & supporting more than 1 million of Jobs.

We operate our trips in such a way that more than 60% of the money paid by you spent locally like, Using Local guides, potter, female guides, Staying in Tea houses & community homestay's running locally from rural Himalayan villages. Which has a huge impact on running day to day lives of these host communities. This also helps to sustain and encourage them to live at their original remote place of this mountain Nation.

PROMOTE NEPAL'S UNIQUE TRADITIONAL CULTURE & LIFESTYLE

We operate almost our trips which are located at different places of Nepal's remote villages for our guests. Nepal is a multicultural, multi-ethnic and multilingual country and there are around 126 ethnic groups and 123 spoken languages within this tiny nation.

Their way of lifestyle & culture is really different from each other and you will be surprised to see all of this how Nepali people are harmonically live each other and help each other. Nepal is not just about mountains it is all about People and their friendly behaviours and to preserve their unique lifestyle and culture is our main goal to deliver sustainable tourism in Nepal.

ENVIRONMENT CONSERVATION & AWARENESS THROUGH OUR TRIPS

Nepal is one of the prone areas for climate change because it has one of the biggest mountain ranges throughout the world in the north part of the country & it's connected with Indian Plains.

Global warming impact is real in Nepal so even a small change in rain patterns in the country can make floods to thousands of poor people in Terai. So, it's our responsibility to conserve Nepal's Environment as a responsible tourist. We operate our trips where we discourage to use plastics bottles to buy our guests & conserve its diverse wildlife. We also discourage doing campfires which cause deforestation. We promote our suppliers who are using renewable sources of energy like solar energy in teahouses and many other environments friendly activities & awareness program with our host communities and staffs (Guides & Potters)

TECHNOLOGY FRIENDLY

We may be first Nepal's Travel company which offers a hassle-free online booking system where you can book our trips directly from our website wherever you have got internet access. We are technology friendly company and invested our strategy to make our trips available online by taking payments from International Mastercard, Visa card and UnionPay.

FLEXIBILITY

Our holidays are all designed to meet your travel needs and not ours. Which means that we provide flexible holidays in terms of duration. Some of the Travellers who come to Nepal choose the customized Travel packages so we are here to help you to design perfect Travel packages if you don't see any of them on our list. Please don't forget to contact us if you need any customization to travel to Nepal.

PROFESSIONALISM

Our entire team is professional and have great knowledge & experience of selling holidays packages to Nepal.

BRILLIANT OFFERS

We are announcing our best offers through our newsletter timely. So, to grab this wonderful opportunity please don't forget to sign up our newsletter and stay alert about what will comes to your inbox.



TOUR HIGHLIGHTS

- Visit Mohare Danda hill station of an altitude of 3300 M
- Overnight stay in community tea Houses
- Feel the unique cultural lifestyle of Nepal's ethnic Magars villages
- Spectacular view of Annapurna Dhaulagiri & Nilgiri Himalayan ranges
- Visit World's Deepest Kali Gandaki Gorge in Nepal

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- A First Aid Kit with Basic Supplies
- All Ground Transportation Involved During the Trip
- Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation
- English Speaking Professional Local Guide
- All Essential Trekking Permits

WHAT'S NOT INCLUDED

- Tips for your Guide, Porter & Drivers
- All Government and Local Taxes
- Personal Travel Insurance -Strongly Recommended
- Evacuation in case of emergency
- Your other personal expenses along the trip
- Porter hire is for extra Charge
- Nepal Visa fees & Airport Taxes
- Your international flight's Ticket

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper
-

BEST OF ANNAPURNA COMMUNITY HOMESTAY TRIP

6 N 7 D

From \$560

This 7 days trip to Nepal is a perfect way to spend your holidays on the foot of Nepal's Himalayas. We will start this trip from Nepal's beautiful Pokhara city which is the gateway to the world-famous Annapurna Conservation region. This is one of Nepal's best community village tour which will discover many ethnic Magar villages of Nepal on the closer distance to Annapurna Dhaulagiri Himalayas. Perfect trip to understand more about Nepal's authentic village lifestyle and its abundance culture. The main attraction of this trek is Mohare Danda (Hill) which is situated along the world's deepest Gorge called 'Kali Gandaki Gorge' with an altitude of 3300m. The money spent during this trip on various community homestay goes in helping to sustain and development of community schools and hospitals on these remote villages of Nepal Annapurna region.

MEAL GUIDE **B** = BREAKFAST, **L** =LUNCH, **D** =DINNER

DAY 1: ARRIVAL TO POKHARA

We will pick you up from Pokhara Airport or Pokhara Tourist Bus park and Overnight at Pokhara Hotel. Enjoy your beautiful dinner on the lakeside unique restaurants by overlooking Phewa Lake.

DAY 2: POKHARA TO BANSKHARKA: **B/L/D**

On the first day, we will drive from beautiful Pokhara city to Galeshwar and will continue to trek along the ridge of Kali Gandaki River for an overnight stay at Banskarkha Village.

DAY 3 : BANSKHARKA TO NANGI : **B/L/D**

Today after experiencing a stunning morning Himalayan view from Banskarkha village we will head towards the Nangi village. We can feel the authentic cultural lifestyle of the Magar & Dura ethnic community from this remote place of Nepal. We will also explore the village and see the various social enterprise set up by Mahabir Pun to self sustain Nangi village.

DAY 4 :NANGI TO MOHARE DANDA: **B/L/D**

After Early morning breakfast today, we will walk towards the 3313 m altitude hill station Mohare Danda on the lap of Dhaulagiri Himalayan Range with Beautiful pine trees on its surroundings. This trail is full of beautiful sceneries of Annapurna Ranges such as Mt. Machhapuchhre (Fishtail), South Annapurna, Tukuhe, Dhaulagiri and so on, which goes through the Oak and Rhododendrons forests. This is truly off beaten trail where very few trekkers go and enjoy this pristine beauty with warm & innocent villagers. The stunning sunset over the Mohare Danda is a great experience to view. We will stay at community tea houses with organic food.

DAY 5: MOHARE DANDA TO TILKOT: **B/L/D**

This morning sunrise over the Mohare Danda Hill station is the best experience to do where the Himalayan ranges outspread over a greater landscape. The beauty of Annapurna Dhaulagiri range from this hill station is beyond imagination. After a full day of the downhill walk, we will stay overnight at Tikot village where the majority are Magar ethnic community learning their struggle towards the hardship of their remote lifestyle and unique culture.

DAY 6: TILKOT TO POKHARA: **B/L/D**

After Breakfast, we will explore colorful stone houses in the Tikot Village & chatting with local villagers. After some hours of the downhill hike, we connect the road and drive back to Pokhara.

DAY 7: POKHARA TO KATHMANDU: **B**

We will drop you off from Pokhara Hotel to Either Pokhara Airport or to the Pokhara Tourist Bus Park





TOUR HIGHLIGHTS

- Explore the Ancient Kingdom of Lo-Manthang (Last Forbidden Kingdom of Nepal) whose cultural values are similar to Tibetan Mainland.
- Explore numerous historical Monasteries and Gompas which are 14th Century back.
- Follow the ancient remote trails and trade routes which are isolated from the Modern world & oldest Gumpa at Lo Gekar
- Learn and Understand cultural and historical monuments related to Tibetan Buddhism & Lifestyle of Mustang Desert Valley
- Trek through the world steepest gorge across a breath taking high altitude desert in Upper Mustang.

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- A First Aid Kit with Basic Supplies
- All Ground Transportation Involved During the Trip
- Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation
- English Speaking Professional Local Guide
- All Essential Trekking Permits

WHAT'S NOT INCLUDED

- Tips for your Guide, Porter & Drivers.
- All Government and Local Taxes.
- Personal Travel Insurance -Strongly Recommended.
- Evacuation in case of emergency.
- Your other personal expenses along the trip.
- Porter hire is for extra Charge.
- Nepal Visa fees & Airport Taxes.
- Your international flight's Ticket.

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper

EXPLORE TIBETAN CULTURE & LIFESTYLE IN NEPAL'S UPPER MUSTANG

15 N 16 D
From \$2100

The Upper Mustang region which preserves the centuries back old history and culture & follows Tibetan Buddhism is an amazing place to visit for those who are in the interest of learning Tibetan Buddhism religion, Culture and its ancient roots. This 16-day trip from Pokhara will take you to the Upper Mustang Valley through the ancient salt caravan trail from where people of Mustang traded Tibetan salt for various Grain from the Lowlands of Mustang Valley. This trip will follow barley fields, narrow alleyways, hidden chortens, long stone walls of beautiful prayer wheels and herds of farming animals(Yak & Mountain Goats) and reach Lo Manthang valley by passing Annapurna & Dhaulagiri Himalayan range on the south, which is also called the Last forbidden Kingdom of Nepal. This region was closed to foreigners till the late 90s which has contributed to a highly preserved Tibetan culture and unspoiled nature.

MEAL GUIDE B = BREAKFAST, L =LUNCH, D =DINNER

DAY 1: ARRIVAL TO POKHARA

After arrival in Pokhara & transfer you at Pokhara Hotel.

DAY 2 : EXPLORATION DAY AT POKHARA: B

Early Morning we will see the sunrise over the beautiful Sarangkot Hill station and will meet at our office for the preparation of Trip. The rest of the day you can enjoy the Pokhara city by yourself.

DAY 3: POKHARA- JOMSOM TREK TO KAGBENI : B/L/D

Today trek starts from Pokhara according to the availability either, we will take the flight from Pokhara airport to Jomsom or private jeep drive to Jomsom which is a very scenic trip on Pokhara Baglung Highway with Annapurna & Dhaulagiri Himalayan ranges encountering on the Northside passing many Nepali villages at curvy Hilly road. After reaching Jomsom, we will start a few hours trek to Kagbeni

DAY 4: KAGBENI (ENTRY POINT) TO CHELE: B/L/D

After Breakfast, our trip heads towards Kaligandaki Valley which is an ancient trade route where People of Mustang (Lo)bring back their horses to Kagbeni & Jomsom to run their daily life. After some hours of walking from Kagbeni, we will reach Tangbe village (3060 m) which has narrow alleys with whitewashed houses, fields of buckwheat, barley, wheat, and apple orchards. Tangbe will follow another beautiful village called Chhuksang and overnight to Chele village.

DAY 5: CHELE VIA LOWER TRAIL (CHUNGSI CAVE) TO SYANBOCHE: B/L/D

Today, while hiking from Chele upwards we will experience Tibetan culture of 'Lo' rather than Manangis culture and the rest part of the trip is a desert trek within side valleys of Kaligandaki valley. After some hours of Trek trail enters large side valleys of Samar Village which is surrounded by poplar trees. Samar village is the stopover for Horse caravans and you can see many old horse stables around the village while passing by before heading to Syanboche Village for Overnight Dinner. move from the upper part of Manang valley to Pisang.

DAY 6: SYANBOCHE TO DHAKMAR: B/L/D

This day you will pass through Geling village full of poplar trees and barley fields and the trail will continue broad valley Nyi La which is at 4020 M. Ghemi passes on the way and its third-largest village in Upper Mustang Village and surrounded by buckwheat fields & historical building Royal mustang where the king of Lo used to live. Another attraction for today is a spectacular Mani wall with blue, grey, and red cliffs across the valley.

DAY 7: EXPLORATION DAY AT MANANG: B/L/D

This afternoon, we will visit the second largest village of 'Lo' kingdom called Charang (Tsarang) also the former capital of the kingdom of 'Lo'. Charang is full covered with maize fields, willow trees and houses separated by beautiful stone walls and old historic buildings (former palace) which now serves as a good Library in Upper Mustang. From Lo La we can see the walled city of Lo Manthang. We will also visit Ghar Gumba which reflects the true culture of Buddhism.

DAY 8: EXPLORE LO MANTHANG HERITAGE SITES & MONASTERIES: B/L/D

Today we will explore the stone-walled city of Lo Manthang visiting various heritage sites around it and feel the strong sense of Lo Manthang which has embraced unique century back Tibetan culture. The main temples and museum we visiting in Lo Manthang are Jampa Lhakhang(3 storey Buddha Statue backdated 1147-48), 15th-century red Thubchen Gumpa near the city center and Chode Gumpa and Choprang Gumpa. .

DAY 9: LO MANTHANG TO YARAI: B/L/D

With unforgettable memories & kind hospitality of Lobas people from Lo Manthang, we will descend back from Lo Manthang to an alternative trail of Kaligandaki Valley for an overnight stay at Yara village.

DAY 10: EXPLORE LURI GUMBA BACK TO YARA: B/L/D

Today, we will head towards to Luri Gumba which is one of the impressive caves situated at 4000 M of Upper Mustang Valley. Our Guide will explain the caves paintings dating back to the 12th Century which are Newari Style Buddhist Frescos and 14th Century chortens hidden in the fantastic landscape of fluted and eroded massive cliffs.

DAY 11: YARA TO TANGGE: B/L/D

Today we will cross the Kaligandaki river several times while walking through this remote Kalidgandaki river bank we can find saligrams the fossils shell backdated many century old. Hindus in Nepal and India worship as a form of Lord Vishnu with its unique different stone marking. Tangge is an incredibly stunning village, with monumental ochre and long Mani walls, surrounded by terraced barley fields, and the largest Chorten in Mustang over 50 feet high.

DAY 12: TANGGE TO CHHUKSANG: B/L/D

Today is one of the long days walking during our Upper Mustang Trek. Enjoy walking your full day with a superb view of Nilgiri Himal, Dhaulagiri I, Tukucho Peak, and other snow peaks in front of you and finally reach overnight at Chhuksang village.

DAY 13: CHHUKSANG TO MUKTINATH (EXIT POINT): B/L/D

Today is our last day within the Upper Mustang restricted area and we follow the downstream Kaligandaki river trail to Muktinath Temple which is one of the holy places for Hindu & Buddhist peoples around the world. Many Hindu devotees come to this temple once in a life to worship for getting salvation from their sin.

DAY 14: MUKTINATH TO JOMSOM: B/L/D

Today we will start early morning trek towards Jomsom after the Breakfast which is also a meeting point for the Annapurna Circuit region. During the day time in Jomsom, it's a heavy desert wind flowing

DAY 15: - JOMSOM TO POKHARA: B/L/D

After Serving breakfast, we will head to Jomsom Airport and took the spectacular Scenic flight to Pokhara or we will come back by private jeep back to Pokhara.

DAY 16 :POKHARA TO KATHMANDU: B

We will drop you off from Pokhara Hotel to Either Pokhara Airport or to the Pokhara Tourist Bus Park



TOUR HIGHLIGHTS

- Visit the Mardi Himal Basecamp which is 4250 M altitude Experience the rich biodiversity includes more than 500 species of butterfly's, various bird's species and rare orchids
- Visit Nepal's Gurung villages like Dhampus and hike through dense Rhododendron forest
- The real experience of Nepal's mountainous culture & lifestyles of the Annapurna Region
- Experience the panoramic views of Mardi Himal, Mt. Fishtail (Machhapuchhre) Annapurna South & other Annapurna ranges with Hiunchuli Himal.

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- A First Aid Kit with Basic Supplies
- All Ground Transportation Involved During the Trip Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation English
- Speaking Professional Local Guide
- All Essential Trekking Permits

WHAT'S NOT INCLUDED

- Tips for your Guide, Porter & Drivers
- All Government and Local Taxes
- Personal Travel Insurance -Strongly Recommended
- Evacuation in case of emergency
- Your other personal expenses along the trip
- Porter hire is for extra Charge
- Nepal Visa fees & Airport Taxes
- Your international flight's Ticket

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper

GEMS OF ANNAPURNA REGION MARDI HIMAL TREK

6 N 7 D
From \$590

Mardi Himal Exploration is one of the newly established and hidden Gem in the Annapurna Region of Nepal. This 6 nights and 7 days trip is considered as an ideal trek to feel Nepal's Himalayan Region who have very limited time to travel and want to connect with the wild adventure of Nepal. Tour will start from colorful Pokhara valley where you can view the majestic Mt.fishtail and other Annapurna ranges from your hotel's room early morning which is more than 7000 M altitude. During this trail after Dhampus village the mountain landscape changes differently and varieties of vegetation with amazing views of Mardi Himal, Mt Fishtail(Machhapuchhre) and Hiunchuli Himal.

MEAL GUIDE B = BREAKFAST, L=LUNCH, D=DINNER

DAY 1: ARRIVAL TO POKHARA

Today will be your arrival day to Pokhara and we will arrange your pick up from Pokhara Airport or Pokhara Tourist Bus park and transferred Overnight at Pokhara Hotel. Enjoy the rest of your day exploring colorful Lakeside street souvenir shops where you can buy the beautiful gifts to your loved ones from your Nepal's visit.

DAY 2: POKHARA TO DHAMPUS VILLAGE:

B/L/D

After breakfast, you will meet your Local guide and start the trip with an hour's drive to Phedi. From Phedi, we will do uphill stone stairs climb with Rhododendron & Pine forests till we reach to beautiful Gurung Village called Dhampus. This is the perfect place for Himalayan views of Annapurna Ranges, Lamjung Himal and Manaslu. During the evening time, we will explore the Dhampus village to know more about its century-old culture and lifestyle.

DAY 3: DHAMPUS TO REST CAMP: B/L/D

Today after having organic local breakfast we continue our day trek with a steep uphill hike through the dense forest which will give the amazing views of Dhaulagiri and Annapurna ranges from different points of the Trail. The views of mountain and Himalayas landscape are different as we move on and vegetation also differs. We may encounter various differ-

DAY 4: REST CAMP TO HIGH CAMP: B/L/D

After breakfast, depart from rest camp with much more steep climb through the Juniper forest and some flat hike for a while to reach the High Camp. After reaching the high camp viewpoint you will be rewarded with the breathtaking views of Annapurna range and Mt Fishtail.

DAY 5: HIGH CAMP TO MARDI HIMAL BASE CAMP & RETURN TO LOW CAMP: B/L/D

We will wake up early morning to witness the spectacular sunrise over the Annapurna range from Highcamp which will be your lifetime memory. After breakfast, we will again start our steeper climb with narrow and rocky trail much more challenging than earlier days with stunning mountain views along the trail to reach the Mardi Himal Base camp which is situated at 4250 M from the sea level.

We will enjoy the pristine beauty of the Himalayas can take photos with Mountain Yak and Sheep if we are lucky. After some hours spent on the base camp, we will head back to low camp for the overnight.

DAY 6: LOW CAMP TO SIDHING AND DRIVE BACK TO POKHARA: B/L

Today will be the last day of the trek and we will hike downhill to Sidhing village which is very beautiful and hospitable where we will stop for our Lunch. We will take our drive from Sidhing to Pokhara for an overnight stay at your hotel. You can enjoy the evening meal going to a beautiful cozy restaurant in Lakeside.

DAY 7: DEPARTURE FROM POKHARA TO KATHMANDU: B

After breakfast, we will drop you off from your hotel to Pokhara Airport or Pokhara tourist bus Park for your return to Kathmandu.





TOUR HIGHLIGHTS

- Trekking through Modi River Valley and some Rhododendron lush green forest of Annapurna Region
- Experience the village life of Gurung village of Ghandruk, Ghorepani and Dhampus Village
- Panoramic sunrise view of Annapurna and Dhaulagiri mountains from Poonhill
- A perfect way to Himalayan Trekking and chance to embrace Nepali People Happiness

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- A First Aid Kit with Basic Supplies
- All Ground Transportation Involved During the Trip
- Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation
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- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper

WEST NEPAL AND BEAUTY OF ANNAPURNA PANOROMA VILLAGE

8N 9 D

From \$700

This amazing Annapurna village trip is one of the most beautiful scenic adventure trips which gives an immense opportunity to experience west Nepal's most beautiful Villages mostly habitat by Gurung & Magar Ethnic community of Annapurna Conservation area since many centuries. You will have a chance to explore the varieties of rich biodiversity found in this region and learn the village life of this remote part of western Nepal. In addition to that, you will enjoy the mesmerizing view of Annapurna Dhaulagiri Himalayan ranges from various points of this trail with a beautiful sunrise and come back with the unforgettable memories of smiling faces of Nepali People.

MEAL GUIDE B = BREAKFAST, L=LUNCH, D=DINNER

DAY 1: ARRIVAL TO POKHARA

On Arrival, to Pokhara, our representative will pick you up from Pokhara Airport/ Tourist Bus Park and Transfer you to Pokhara Hotel.

DAY 2- POKHARA TO ULLERI: L/D

After breakfast, we will leave Pokhara with Mountain view and drive to Nayapool which is the gateway to the Annapurna region. Following East bank of Modi river and crossing Birethati, we will reach Ulleri village climbing steadily stone trail of Magar village.

DAY 3: ULLERI TO GHOREPANI: B/L/D

Today we will explore the larger Magar Village of Ulleri and reached Banthanti village for the break. Beyond Banthanti the trail enters the magnificent Oak and Rhododendron forests crossing the sparkling clear streams before reaching to Ghorepani village.

DAY 4- POONHILL SUNRISE & TRIP TO TADAPANI: B/L/D

This morning we will hike from Ghorepani to Poon hill station to enjoy the spectacular sunrise over beautiful Annapurna Dhaulagiri range where most of the Himalayas are above 7000-8000 M. Later during the day we will hike downhill with the music of bells of horses where villagers used them for carrying their goods and items for to sustain day to day life on this remote part of the world.

DAY 5: TADAPANI TO GHANDRUK/KOT DANDA VILLAGE: B/L/D

This morning after breakfast trip starts walking gently all the way through rhododendron & oak dense forest and enjoy listening birds chirping on the way to Ghandruk Village with peace of silence. Ghandruk is a traditional Gurung village with friendly and welcoming people who will host us with their warm hospitality. There is also a handicraft center and Gurung museum at Ghandruk village where we will learn more about these incredible people's history and culture. We will stay overnight at either Kot Danda or Ghandruk village upon the availability of time.

DAY 6: GHANDRUK/ KOT DANDA TO TOLKA VILLAGE: B/L/D

This day after having delicious organic breakfast at organic local Guesthouse with a stunning sunrise view, we will head towards another beautiful Landruk village and descend steeply to the Modi River. After some hours of trek, we will reach to Tolka Village for the overnight stay

DAY 7: TOLKA TO AUSTRALIAN CAMP: B/L/D

After some hour sightseen at Tolka village which is situated on the foothills of the Annapurna Himalayan range full of scenic beauty, we will continue our Trip to Australian camp nearby Dhampus village.

DAY 8: AUSTRALIAN CAMP TO POKHARA: B/L

Today will be the last day of our walking trip and we will hike back through the Astham Village which lies below the foothills of Annapurna Dhaulagiri Mountains. Join the drive to Pokhara from Hemja .

DAY 9: POKHARA TO KATHMANDU B

We will drop you off from Pokhara Hotel to Either Pokhara Airport or to the Pokhara Tourist Bus Park





TOUR HIGHLIGHTS

- Visit Nepal's beautiful villages, Ghale Gaon (SAARC model Village), Sikles, Tanti and many more.
- Experience Great Himalayan view of Annapurna, Lamjung & Manaslu Himalayan Ranges
- Learn the unique culture, tradition, and lifestyle of Gurung's throughout the mid-hills of Nepal.
- Community Homestay and Traditional Nepali Village Tours.
- Many Viewpoints like Tara hilltop and Ghale Gaon for spectacular Sunrise.
- Encounter a variety of wildlife and mostly you will encounter Himalayan bird species.
- Hike through the Gurung Villages and dense forest.

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- A First Aid Kit with Basic Supplies
- All Ground Transportation Involved During the Trip
- Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation
- English Speaking Professional Local Guide
- All Essential Trekking Permits

WHAT'S NOT INCLUDED

- Tips for your Guide, Porter & Drivers.
- All Government and Local Taxes.
- Personal Travel Insurance Strongly Recommended.
- Evacuation in case of emergency.
- Your other personal expenses along the trip.
- Porter hire is for extra Charge.
- Nepal Visa fees & Airport Taxes.
- Your international flight's Ticket.

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper

LEARN ETHNIC GURUNG CULTURE & LIFESTYLE VISITING MID-HILLS OF NEPAL

12 N 13 D
From \$1030

Traveling to the mid-hills of Nepal on this 12 night and 13 days trip is the perfect way to learn the lifestyle and culture of the Gurung ethnic community of Nepal who is living on the foothills of Annapurna Himalayan region since many centuries. During this trip, you will have an opportunity to learn the culture of Gurung peoples and spend your overnight at Gurung's Old traditional houses with their family or in Community Homestay run by the Local villagers. We will enjoy the unique hilly landscape, Farmlands, Dense Forests, Beautiful White rivers coming down from the Himalayas, Local rituals and Buddhist Monasteries on the trail with spectacular Mountain ranges.

MEAL GUIDE B = BREAKFAST L=LUNCH, D =DINNER

DAY 1: ARRIVAL TO POKHARA

We will meet you up at Pokhara Airport or Pokhara Tourist Bus park and Transferred for Overnight at Pokhara Hotel.

DAY 2: POKHARA TO KHUDI VILLAGE: B/L/D

Today the trip starts early morning from Pokhara and Drive to Besisahar which is also known as the Gateway to the Annapurna region of Nepal. Following the curvy Prithivi highway along with white water Trishuli river and take left to Besisahar we will get off from our Drive and hike to typical Gurung Khudi Village.

DAY 3: KHUDI TO GHALE GAON: B/L/D

After Breakfast at Khudi Village, we will follow the route to Ghale Gaon which is also called the SAARC model Village. In this village, mostly the ethnic Ghale and Gurung people live below the beautiful landscape of Annapurna Himalayas. The village is very clean and all the roads are stone-paved, houses are very traditional. We stay at community homestay managed by villagers overnight by tasting local organic food with mountain Himalayan views.

DAY 4: GHALE GAON TO BHUJUNG: B/L/D

This day we will reach to Ghan Pokhara after some hour of Trek from Ghale Gaon which is another beautiful Gurung village, we will explore the Ghan Pokhara Village which is rich on Gurung Culture & Tradition and Trek to our final destination for today at Bhujung Village another Gurung settlement at Annapurna Foothills. We will also explore the Bhujung Village and if we are lucky, we can see the beehives of Wild bees on the rocky mountain and can actually taste the wild honey. Lots of Tourists come to this place for the Wild honey harvesting festival at this village. In bonus, we can see the beautiful landscape of Lamjung Himal form Bhujung Village.

DAY 5: BHUJUNG TO PASAGAON: B/L/D

Bhujung is another Gurung Village on this trail where more than 400 family lives and very rich on their own culture and Tradition. We will cross the Midim river and can see the small hydro Power Project. After some hours of walk, we will reach Khumeru Danda which is situated at 2200 M from the sea level and this place is a perfect place to view the Manaslu, Himalchuli, Ngagi Chuli and Boudha Himal. We will stay overnight at community homestay at Pasagaon.

DAY 6: PASAGAON TO NAGIDHAR: B/L/D

Today the trail will continue to Rudhi Khola valley and reach to Nagidhar village. We will have a chance to view the beautiful landscape of mid-hills village of Nepal and lots of Farmlands around Rudhi Khola Valley. We will also do a jungle walk which is very rich on Himalayan Biodiversity. We will stay overnight at Nagidhar.

DAY 7: NAGIDHAR TO YANGJAKOT: B/L/D

Yangjakot is another authentic Gurung village near to Pokhara valley. This is also a beautiful village which covered with stone roof traditional houses in a dense loop structure and you can clearly see the Local culture & lifestyle when we enter towards this village. People are using traditional tools and spending their day to day lifestyles on their houses and farmlands. Gurung people are also very rich with their Jewellery & ornaments especially, women wore them and old men wore traditional dresses called Bhangra.

DAY 8: YANGJAKOT TO TANTI: B/L/D

An early start takes you to Chasu which also has the checkpoint for Annapurna conservation office. Later in the evening, we will reach Tanti Village which is very near to Annapurna-II. At Tanti they also have a beautiful community run homestay for the Guest.

DAY 9: TANTI TO SIKLES: B/L/D

Tanti & Sikles Gurung villages are also very famous tourist destinations that were recognized by the Nepal Government for many years ago because of their unique culture and celebration. Sikles village is full of Traditional lifestyle and culture life. We will stay overnight at Homestay and eat organic food produced inside the village.

DAY 10: SIKLES TO TARA HILLTOP: B/L/D

This morning after breakfast, we will head towards the Tara Hilltop which is a very famous destination to see the Sunrise over Annapurna Dhaulagiri Himalayan Range from 2800m altitude.

DAY 11: TARA HILLTOP TO GHALEKHARKHA TO LWANG: B/L/D

After Early Morning Sunrise from Tara Hill Top we will head towards Ghailekharkha and after to Lwang village. Lwang lies in a picturesque view of Machhapuchhre Himalayas, which falls under the Annapurna Conservation Area Project (ACAP), situated at an elevation of 1460m. Lwang is famous for organic Himalayan tea farming and has beautiful tea Garden. The major occupations of villagers are tourism (Homestay), military service, overseas employment & agriculture.

DAY 12: LWANG TO POKHARA: B/L/D

This is the last day of Trekking and after breakfast we will head towards the Hemja and drive back to Pokhara & enjoy your evening meal at Lakeside heart of Pokhara city.

DAY 13: POKHARA TO KATHMANDU: B

We will drop you off from Pokhara Hotel to either Pokhara Airport or to the Pokhara Tourist Bus Park



TOUR HIGHLIGHTS

- Trek through Modi River Valley with Rhododendron green forest
- Savor of Magical Himalayan Sunrise from Poon Hill station
- Understand into the local rural life of Nepal as we pass through many Gurung & Magar Ethnic Villages
- Panoramic views of Annapurna and Dhaulagiri Himalayan ranges
- Trek Upto the 4130 M Annapurna Basecamp region to experience Nepal's Himalaya

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- A First Aid Kit with Basic Supplies
- All Ground Transportation Involved During the Trip
- Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation
- English Speaking Professional Local Guide
- All Essential Trekking Permits

WHAT'S NOT INCLUDED

- Tips for your Guide, Porter & Drivers
- All Government and Local Taxes
- Personal Travel Insurance -Strongly Recommended
- Evacuation in case of emergency
- Your other personal expenses along the trip
- Porter hire is for extra Charge
- Nepal Visa fees & Airport Taxes
- Your international flight's Ticket

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper

ANNAPURNA BASECAMP (SANCTUARY) TREK

11N 12 D

From \$1000

Annapurna Basecamp trek is an ideal for those adventure lovers who want to experience the beauty of Nepal's Himalayan range by remaining to the limit of lower altitudes & visiting various beautiful remote Villages. This is one of the world-famous adventure route designed to give trekkers an immensely satisfying scenic walk and the taste of Nepal's diversity of Natural and cultural resources by passing through beautiful Himalayan valleys, dense green forests covered with Rhododendron forests and icy waterfalls. During this trek, every point has a mesmerizing glimpse of the high Annapurna & Dhaulagiri Mountain ranges parallel in-front of your eyes.

MEAL GUIDE B = BREAKFAST, L = LUNCH, D = DINNER

DAY 1: ARRIVAL TO POKHARA

After Arrival at Pokhara, we will pick you up and transferred to your Hotel. Enjoy the Pokhara Valley by walking the pathways of Phewa lake in Lakeside with colorful lights .

DAY 2: POKHARA TO NAYAPOOL TO ULLERI: B/L/D

This morning you will meet your local guide & we will drive to Nayapool from Pokhara which is the gateway to Annapurna Region. We start our trek following the east bank of the Modi River and reach Birethanti village. The stone trail climbs steadily up the side of the valley to reach Tikhedhunga village via Hille. The unrelenting staircase continues to the larger Magar Village of Ulleri for your overnight.

DAY 3: ULLERI TO GHOREPANI: B/L/D

After the Breakfast this morning, we will explore the Magar ethnic community village of Ulleri and reach Banthanti. After Banthanti the trail passes the magnificent Oak and Rhododendron forests crossing the sparkling clear streams before reaching to Ghorepani village which is must-visit destination in Nepal mentioned by Lonely Planet and other renown Media Outlet .

DAY 4: GHOREPANI POONHILL TO TADAPANI: B/L/D

This morning an early sunrise view from Poon Hill station from 3200 M is the best experience to do. Eye-catching Himalayan ranges like Mt. Dhaulagiri (8167m), Tukucho Peak (6920m), Nilgiri (6940m), Mt. Annapurna I (8091m), Annapurna South (7219m), Annapurna III (7855m), Machhapuchhre (6993m), Annapurna IV (7525m), Annapurna II (7937m), Lamjung Himal (6931m) and other snow-capped mountains are seen from this Hill station. The rest of the day we will hike to stay overnight another picturesque mountain village Ghandruk village.

DAY 5: TADAPANI -CHHOMRONG: B/L/D

Today after breakfast, you will do the lifetime experience of visiting traditional Gurung Chhomrong village and experience the culture and traditions of the Gurung Community their friendly behavior with the local traditional drink.

DAY 6: CHHOMRONG TO HIMALAYAN HOTEL: B/L/D

Today we will leave Chhomrong village and continue our trip to Himalaya hotel.

DAY 7: MACHHAPUCHHRE BASE CAMP TO ANNAPURNA BASECAMP: B/L/D

We will reach the Annapurna Basecamp which is on an altitude of 4130 M today. The trail follows the steady climb to a rocky cliff before ascending to Machhapuchhre Basecamp. We get excellent views of the Annapurna Range Mountains which is beyond imagination.

DAY 8: ANNAPURNA BASECAMP TO BAMBOO: B/L/D

After an early morning view of Himalayas from Annapurna Basecamp and spending unforgettable hours with the mountains, we will hike down to Bamboo for the village exploration and overnight.

DAY 9: BAMBOO TO JHINU DANDA: B/L/D

Today we will visit many villages on our downward hike trail like Lower Chomrong, Kuldi Ghar & Sinuwa. After reaching the Jhunu Danda walking by stone steps we will enjoy the hot spring bath and stay overnight.

DAY 10: JHINU DANDA TO POTHANA: B/L/D

This day after breakfast we will head towards the beautiful Pothana village situated at 2100 m from where we can see the beautiful Annapurna Dhaulagiri Himalayan Range. We will have a short exploration tour of the traditional villages of Pothana or watch the sunset from a local guest house.

DAY 11: POTHANA AND BACK TO POKHARA: B/L

Today will be the last day of the trek and less hour of hiking. After 2 hours of a downhill hike from Pothana, we will reach to Phedi and take a drive to Lakeside. Your guide will say goodbye and you can enjoy at Lakeside street to buy some souvenirs from Nepal to your beloved one.

DAY 12: POKHARA TO KATHMANDU: B

We will drop you off from Pokhara Hotel to Either Pokhara Airport or to the Pokhara Tourist Bus Park with a heavy heart.





TOUR HIGHLIGHTS

- World-class popular classic trek on an ancient trade route between Nepal and Tibet passing the Marsyangdi valley & Kaligandaki Valley
- Experience the beautiful Himalayan views of Manaslu and Himchuli and Various Annapurna Ranges
- Exploration of old Buddhist monastery & Explore the beautiful Manang & Jomsom village
- Challenging Cross of the adventurous Thorung La Pass which is 5416 M
- Visit the Pilgrimage town of Muktinath and View of Dhaulagiri Ice- flow
- Visit of world's deepest Kaligandaki George and Natural Hot spring at Tatopani village
- Stunning lifetime sunrise experience from Poonhill station with magnificent Annapurna mountain views

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- A First Aid Kit with Basic Supplies
- All Ground Transportation Involved During the Trip
- Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation
- English Speaking Professional Local Guide
- All Essential Trekking Permits

WHAT'S NOT INCLUDED

- Tips for your Guide, Porter & Drivers.
- All Government and Local Taxes.
- Personal Travel Insurance -Strongly Recommended.
- Evacuation in case of emergency.
- Your other personal expenses along the trip.
- Porter hire is for extra Charge.
- Nepal Visa fees & Airport Taxes.
- Your international flight's Ticket.

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper

EXPLORE WORLD FAMOUS ANNAPURNA CIRCUIT TREK

Annapurna Circuit Trekking is one of the best Nepal adventure trips, encountering with most friendly and warm-hearted people of different cultures offering a fascinating glimpse of traditional rural life. This 16 days trip in Nepal is liked by many trekkers and also recommended by world top travel magazines like Lonely Planet and media outlets like Washington Post . The trip starts from Pokhara and follows the Marsyangdi Valley to the north of the main Himalayan range and crosses 5416m Thorung pass to descend into the dramatic desert like Tibetan style landscape of the upper Kali Gandaki Valley. The walk passes picturesque villages home to Gurungs, Manangis and Thakali and offers spectacular mountain views of the numerous 7000m Himalayan's peaks. It escorts you through beautiful Rhododendron forests and over the foothills of the Annapurna and Dhaulagiri mountains. You will explore the world's deepest Kali Gandaki Gorge, stunning waterfalls like Ruptse and various wildlife, alpine meadows, desert plateaus and more than 440 species of wildlife's and more than 100 varieties of orchids from Annapurna Region.

MEAL GUIDE **B** = BREAKFAST, **L** =LUNCH, **D** =DINNER

DAY 1: ARRIVAL TO POKHARA

Today will be your arrival day to Pokhara and our representative will transfer to your hotel. Enjoy the rest of your day exploring colorful Lakeside street & many souvenir shops where you can buy the beautiful gifts to your loved ones from Nepal

DAY 2: POKHARA TO NGADI(DRIVE) & TREK TO GHERMU: **B/L/D**

This morning we start early hour drive from Pokhara to Ngadi Village following the curvy roads and beautiful villages on Prithivi highway along with white water Trishuli river flowing from Himalayas. We will hike to Ghermu village for our overnight.

DAY 3: GHERMU TO TAL: **B/L/D**

Today after the breakfast, we will start our trek passing various suspension bridges, stunning waterfalls and beautiful villages with green rice fields along with red rhododendron, pine and Bamboo forests in different section of the trail to reach Tal village for overnight.

DAY 4: TREK TO CHAME: **B/L/D**

As we summit higher altitude, we will experience more Himalayas lifestyle of this remote part of the world. Today we will encounter the majestic Himalayan view of Manaslu, Lamjung, Annapurna Mountain ranges passing various Tamang villages to reach Chame for overnight stay.

DAY 5: CHAME TO PISANG: **B/L/D**

After the breakfast, we will explore the traditional Chame village and start steep climb up to Talekhu. The trails cross the south bank of Marsyangdi River with beautiful suspension bridge and gentle climb over a pine forest ridge then levels again as we move from the upper part of Manang valley to Pisang.

DAY 6: TREK TO MANANG: **B/L/D**

The town of Pisang is the beginning of the upper region of the Manang district. Today we will visit Tibetan Bhraka village where the village houses are stacked upon each other forming verandas with each other's rooftops. The main attraction is the Gumba, the largest in the district, with a vast array of statues in display and perched on a high crag with the view of the entire village.

DAY 7: EXPLORATION DAY AT MANANG: **B/L/D**

This day is resting day at Manang Village and more for the exploration of this ancient rural village & chat with the Manangis Local people will be a great fun. Manang is the perfect destination with its beautiful Natural, Cultural & Historical beauties

DAY 8: TREK TO YAK KHARKA: **B/L/D**

After early Breakfast, we will leave the Manang Village passing the tall trees of Junipers forest and alpine grasses. We head for beautiful meadow landscape place called Yak kharkha for overnight this day where we can see the Yaks & horse grazing around this valley. The serene environment with steep slopes of Yak Kharka is the perfect place for us to spend the night.

15 N 16 D
From \$1350

DAY 9: THORUNG PHEDI: **B/L/D**

Trekking to Ledar helps in getting acclimatized to the increasing heights as we climb along the east bank of Jarang Khola. After some hours of hike, we reach the vertical cliffs the Thorung Phedi. Sighting of blue sheep and snow leopards have been reported a few times in the area. We spend the night overnight at Thorung Phedi.

DAY 10: OVER THORUNG LA (5,416M) TO MUKTINATH: **B/L/D**

Today is the most intense part of our overall journey and it's a quite long hike for around 7 hours. The trail is believed to have been used for thousands of years to take sheep and yaks in and out of Manang Valley along with other trading goods. We will climb the 5416 M altitude of Thorung La Pass and entire hard walk will be rewarded by the beautiful views of Annapurna, Gangapurna and a heavily glaciated peak of Khatungkang. After a while, the trail becomes less steep and enters grassy fields and meadows to finally reach Muktinath the Holy temple of Hindus.

DAY 11: TREK TO JOMSOM VIA KAGBENI: **B/L/D**

In the morning, we will explore Muktinath Temple & important religious place of Hindu people around the world. Leaving Muktinath we will follow Jomsom trail and descent through meadows, streams and Apple trees to reach Kagbeni. For overnight we reach Jomsom.

DAY 12: JOMSOM TO TATOPANI (NATURAL HOT SPRING: **B/L/D**

This day we will pass through traditional Thakali village of Chokopani with panoramic views of Himalayas includes Mt. Nilgiri, Dhaulagiri, Tukuhe, Annapurna and many other snow peaks to reach the Tatopani Village.

DAY 13: TATOPANI TO GHOREPANI VILLAGE: **B/L/D**

Tatopani is very famous for Natural hot spring water and majority people come to this remote place for it's Natural pleasure. After experiencing Natural hot spring bath, we will head towards another beautiful Gurung village of Ghorepani passing through the terraced rice fields with Annapurna Himalayas View.

DAY 14: GHOREPANI TO HILLE: **B/L/D**

After early morning wake up, we will head towards Poonhill. Changing color of sunrise over this mountain range is very stunning to see and a lifetime experience. After having breakfast at Ghorepani village we will hike downhill for Hille village for overnight exploring the surrounding area and learning local lifestyle of these Annapurna Villages.

DAY 15: HILLE TO POKHARA: **B/L/D**

Today is the last day of our trip for the Annapurna Circuit and leaving the hille village with downhill hiking for some hours to Nayapool the gateway to Annapurna Conservation area we will drive to Pokhara from Nayapool.

DAY 16 :POKHARA TO KATHMANDU: **B**

We will drop you off from Pokhara Hotel to Either Pokhara Airport or to the Pokhara Tourist Bus Park with a heavy heart.



TOUR HIGHLIGHTS

- Community Homestay and Traditional Nepali Village Tours
- Many Viewpoints like Tara hilltop and Ghale Gaon for spectacular Sunrise
- Encounter a variety of wildlife and mostly you will encounter Himalayan bird species
- Hike through the Gurung Villages and dense forest
- Enjoy the Panoramic view Nilgiri, Annapurna & Dhaulagiri Himalayan Ranges
- Sunrise view from Muldai Hill, Khopra Ridge & Ghorepani Poon Hill station
- Fantastic Sunset view from Muldai Hill (3637 M) the new trails on Annapurna Region

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- A First Aid Kit with Basic Supplies
- All Ground Transportation Involved During the Trip
- Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation
- English Speaking Professional Local Guide
- All Essential Trekking Permits

WHAT'S NOT INCLUDED

- Tips for your Guide, Porter & Drivers
- All Government and Local Taxes
- Personal Travel Insurance -Strongly Recommended
- Evacuation in case of emergency
- Your other personal expenses along the trip
- Porter hire is for extra Charge
- Nepal Visa fees & Airport Taxes
- Your international flight's Ticket

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper

KHOPRA DANDA AND MULDAI PEAK ADVENTURE & COMMUNITY HOMESTAY TRIP

11 N 12 D

From \$960

This is one of Nepal's best Himalayan Adventure trips with a combination of community Homestay experience which covers the various beautiful villages within the world-famous Annapurna conservation area. During this 12-day trip, you will be staying in community Homestays operated by the local villagers, a perfect way to get to know more about local culture, rural lifestyle and interact with Nepal's ethnic Magar people. The money spent on accommodation and food on these community homestays will not only go to Community Homestay owners but some part of the fund goes in helping to sustain and development of community Government schools and hospitals which are inside these regions where there is very few Government Financial support on this remote part of Nepal.

MEAL GUIDE B = BREAKFAST, L =LUNCH, D =DINNER

DAY 1: ARRIVAL TO POKHARA

After Arrival at Pokhara, we will pick you up and transferred to your Hotel. Enjoy the Pokhara Valley by walking the pathways of Phewa lake in Lakeside with colourful lights.

DAY 2: POKHARA TO KOT DANDA: B/L/D

This morning after breakfast at Pokhara we will drive to either Nayapool or Kimche village depending upon the weather conditions and Trek to Beautiful Ghandruk Village where mostly Gurung and Poon People lives. Ghandruk village offers a fantastic mountain view of Mt Fishtail, Annapurna South and other ranges. Beside the mountain view, you can see old traditional houses and Gurung museum to know more about their history, culture and lifestyle. After an hour of hike, we will be staying at a beautiful organic farmhouse at Kot Danda a little paradise place in this region.

DAY 3: KOT DANDA - MELACHE VILLAGE TO TADAPANI: B/L/D

An early sunrise from Kot Danda is a great experience to do. After Breakfast at the organic farmhouse which is run by a local villager, we will head for the Tadapani which is around 5-6 hrs stepper up walk destination through Melache village. We will be at Tadapani Village for our Overnight.

DAY 4: TADAPANI TO DOBATO (BAISI KHARKA): B/L/D

This day, we will start our early morning walk to reach the overnight destination to Dabato. We can see lots of donkeys on the way, carrying essential goods on their back to support the entire lifestyle of these remote villagers. The landscape is very beautiful and we can see the variety of vegetation and dense forest during this journey.

DAY 5: MULDAI HILL SUNRISE UPPER CHISTIBANG: B/L/D

This morning we will head for the Muldai hill sunrise from over 3637 M hill station with lots of scenic giant mountain ranges on the south. After breakfast from Dobato Village, we will start our uphill hikes through the remote villages and reach to Chisitbung. The road follows dense forest with clear white-water streams and wooden small bridges to narrow the hilly path and perfect journey to see the culture and lifestyle of Nepal.

DAY 6: UPPER CHISTIBUNG TO KHOPRA DANDA: B/L/D

Today will reach the final point of this trip Khopra Danda after 5 to 6 hrs of Trek from Chisitbung. Khopra Danda offers a magnificent view of Dhaulagiri and the other Himalayas ranges in a calm & peaceful environment which is a little paradise on Earth. This is also a perfect place to view the sunset over Khopra Ridge.

DAY 7: TREK TO KHAYER LAKE TO KHOPRA DANDA: B/L/D

Early morning sunrise from the top of Khopra Danda is one of the best moments over this trip. During the day time, we will head towards Khayer lake hike from Khopra Danda which is near to Annapurna South and the Glacier lake is situated at an altitude of 4600 M.

DAY 8: KHOPRA DANDA TO SWANTA VILLAGE: B/L/D

Today after early morning sunrise and a fantastic view from the top of Khopra ridge we will hike downhill towards beautiful Swanta village.

DAY 9: SWANTA VILLAGE TO GHOREPANI: B/L/D

Today is another exciting downhill day trip to another popular destination Ghorepani village in the Annapurna region. This is a little tourist place but the mountain views are really amazing. Ghorepani is a great place to see the lifestyle of Gurung culture and tradition with stone roof houses.

DAY 10: SUNRISE AT GHOREPANI POONHILL TO ULLERI: B/L/D

Morning sunrise from Poonhill station is a must thing to do on this trip. After Breakfast, we will explore the Ghorepani Village and start downhill hike to Tikhedhunga crossing much white water stream, Rhododendron forests and overnight at Ulleri.

DAY 11: ULLERI TO BIRETHANTI & DRIVE TO POKHARA: B/L

This will be the final day of our trip after few hours of walk from Ulleri we will reach Birethanti and drive back to Pokhara via Pokhara Baglung Highway. Overnight back to Pokhara again.

DAY 12: POKHARA TO KATHMANDU: B

We will drop you off from Pokhara Hotel to Either Pokhara Airport or to the Pokhara Tourist Bus Park with a heavy heart.





TOUR HIGHLIGHTS

- Overnight experience of Homestays and remote tea houses living locally with Nepali Family
- Considered as less crowded trekking trails of Nepal and immerse yourself on
- Trek through the remote villages of Manaslu area and experience the amazing views of Mt Manaslu (8th Highest mountain in the world – 8152 M)
- Experience the lifestyle and cultural diversities of remote Tibetan Buddhist villages
- Cross the Larke Pass which is around 5140 M with the panoramic views of Himglang Himal (7126M) & Annapurna II (7937 M)
- Experience the wild diversity of this region and can encounter these rare animals like, snow leopard, Himalayan Thar and Blue Sheep

WHAT'S INCLUDED

- All Essential Trekking Permits
- English Speaking Professional Local Guide
- Tea Houses/B & B Guest House Accommodation
- Meals as Specified on The Day Itinerary
- All Ground Transportation Involved During the Trip
- A First Aid Kit with Basic Supplies
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- All Government and Local Taxes

WHAT'S NOT INCLUDED

- Your international flight's Ticket
- Nepal Visa fees & Airport Taxes
- Your other personal expenses along the trip
- Evacuation in case of emergency
- Personal Travel Insurance -Strongly Recommended
- All Government and Local Taxes
- Tips for your Guide, Porter & Drivers

WHAT TO BRING WITH YOU

- Hiking Shoes & Pair of Slipper
- Warm Jacket, Trousers Extra Clothes
- Hat or Cap to Avoid the Sun
- Head Lamps
- Trekking Poles (Optional)
- Water Bottle & Water Purification Tablet
- Basic First Aid Supplies
- Insect Repellent Sprays

EXPLORE MANASLU REGION OF NEPAL

17 N 18 D

From \$1800

This 18-day trip to Manaslu conservation of Nepal is one of the wild, remote & pristine treks that circle around the Mt Manaslu which is the 8th highest mountain in the World (8152 M). This trek has different experiences besides trekking Everest and Annapurna Region because very few visitors are on the trail making the journey very peaceful and calm. Perfect for those visitors who want to immerse themselves into Nepal's great Himalayas. Not just this trip is rich in natural beauty, but the traditional Tamang and Sherpa villages with their unique cultures are other highlights of the trip and you can learn their remote life experience. The Manaslu region is also famous for its high-altitude glacier lakes, fascinating flora and fauna, cultural diversity which makes this trip one of the favorite destinations for trekkers around the world.

MEAL GUIDE B = BREAKFAST, L=LUNCH, D=DINNER

DAY 1: ARRIVAL TO POKHARA: D

DAY 2: EXPLORATION DAY AT POKHARA : B/D

DAY 3: POKHARA - AARUGHAT & TREK/DRIVE TO SOTIKHOLA : B/L/D

DAY 4: SOTIKHOLA TO MACHHAKHOLA : B/L/D

DAY 5: MACHHAKHOLA TO JAGAT (1340 M) (ENTRY POINT) : B/L/D

DAY 6: JAGAT TO DYANG (1860 M):- B/L/D

DAY 7: DYANG TO NAMRUNG (2630 M):- B/L/D

DAY 8: NAMRUNG TO LHOGAUN (3180 M) OR SYALA : B/L/D

DAY 9: LHOGAUN & HIKING TO PUNGEN GHUMPA TO SAMAGAUN: B/L/D

DAY 10: SAMAGAUN – EXPLORATION DAY/ ACCLIMATISATION DAY : B/L/D

DAY 11: SAMAGAUN TO SAMDO (3860 M) : B/L/D

DAY 12: SAMDO TO LARKE PHEDI (4470 M): B/L/D

DAY 13: LARKE PHEDI TO BIMTANG CROSS LARKE PASS (5140 M): B/L/D

DAY 14: BIMTANG TO GHO: B/L/D

DAY 15: GHO TO TAL: B/L/D

DAY 16: TAL TO SYANGE: B/L/D

DAY 17: SYANGE TO POKHARA DRIVE: B/L/D

DAY 18: POKHARA TO KATHMANDU: B



IMPORTANT TRIP INFORMATION

- Minimum 2 Person needed to start the Trek
- Travel Insurance Recommended Which Can Cover Helicopter Rescues
- Medium Trek with Rich in Himalayan Villages & Mountain Adventure
- Departure dates are 100% Guaranteed
- Best Value for Money
- Porter Hire will be for an Extra Charge



TOUR HIGHLIGHTS

- Spend your memorable time among the Tamang's and Helambu Sherpas & Learn their unique lifestyle and culture on this mountain trail
- Trek to the sacred Glacier lake of Gosaikunda which is situated on 4380 M
- Experience the majestic of Langtang Himal and discover the Beauty of Kyanjin Gumba
- View the Himalayan beauty with spectacular mountain villages of Nepal

WHAT'S INCLUDED

- All Essential Trekking Permits
- English Speaking Professional Local Guide
- Tea Houses/B & B Guest House Accommodation
- Meals as Specified on The Day Itinerary
- All Ground Transportation Involved During the Trip
- A First Aid Kit with Basic Supplies
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- All Government and Local Taxes

WHAT'S NOT INCLUDED

- Your international flight's Ticket
- Nepal Visa fees & Airport Taxes
- Porter hire is for extra Charge
- Your other personal expenses along the trip
- Evacuation in case of emergency
- Personal Travel Insurance -Strongly Recommended
- All Government and Local Taxes
- Tips for your Guide, Porter & Drivers

WHAT TO BRING WITH YOU

- Hiking Shoes & Pair of Slipper
- Warm Jacket, Trousers Extra Clothes
- Hat or Cap to Avoid the Sun
- Head Lamps
- Trekking Poles (Optional)
- Water Bottle & Water Purification Tablet
- Basic First Aid Supplies
- Insect Repellent Sprays

EXPLORE BEAUTY OF LANGTANG CONSERVATION VALLEY & GOSAIKUNDA LAKE

15 N 16 D
From \$1500

Landing to the city of temples Kathmandu Valley a world-famous UNESCO heritage site, visiting the gateways of beautiful Annapurna & Dhaulagiri Himalayan range Pokhara, we start our trek to Nepal's one of the unspoiled Langtang National Park which lies near to the Tibetan Boarder. This 15-night trip to Nepal gives you an immense opportunity to experience the beauty of Nepal greatest Himalayas mostly Langtang ranges with spending your time over the ethnic peoples of Nepal and Learn the culture of Tibetan Buddhism. We will also visit the sacred Gosaikunda Lake which lies at an altitude of 4380 M and Kyanjin Gomba a Tibetan monastery.

MEAL GUIDE **B** = BREAKFAST, **L** =LUNCH, **D** =DINNER

DAY 1: ARRIVAL TO POKHARA: **D**

DAY 2: DRIVE FROM POKHARA TO SHYAPHRU BESI: **B/L/D**

DAY 3: SHYAPHRU BESI TREK TO LAMA HOTEL: **B/L/D**

DAY 4: LAMA HOTEL TO LANGTANG : **B/L/D**

DAY 5: LANGTANG TO KYANJIN GUMBA : **B/L/D**

DAY 6: EXPLORATION DAY AROUND KYANJIN GUMBA (CHUSKAR KOO, LAUNG SISA /LANGTANG VIEW POINT TREK) : **B/L/D**

DAY 7: KYANJIN GUMBA TO LAMA HOTEL: **B/L/D**

DAY 8:LAMA HOTEL TO THULO SHYAPHRU: **B/L/D**

DAY 9: THULO SHYAPHRU TO LAUREBINA: **B/L/D**

DAY 10: LAUREBINA TO GOSIANKUND LAKE: **B/L/D**

DAY 11: CROSS THE LAURIBINAYAK PASS (4610 M) AND TREK TO PHEDI**B/L/D**

DAY 12: PHEDI TO THADEPATI: **B/L/D**

DAY 13: THADEPATI TO KUTUMSANG: **B/L/D**

DAY 14: KUTUMSANG TO CHISAPANI: **B/L/D**

DAY 15: TREK TO SUNDARIJAL AND DRIVE TO KATHMANDU: **B/L/D**

DAY 16: FLY BACK TO YOUR DESTINATION: **B/L/D**



IMPORTANT TRIP INFORMATION

- Travel Insurance Recommended Which Can Cover Helicopter Rescues
- Medium Trek with Rich in Himalayan Villages & Mountain Adventure
- Departure dates are 100% Guaranteed
- Best Value for Money
- Porter Hire will be for an Extra Charge



TOUR HIGHLIGHTS

- Understand the ancient history of Kathmandu valley and its old century arts and crafts listed by UNESCO heritage sites
- Scenic flight from Kathmandu to Pokhara for the spectacular view of Annapurna & Dhaulagiri Ranges
- Visit Colourful Pokhara Valley with Begnas Lake
- Experience the unique lifestyle of Tharu People and chat with Tibetan refugees.
- Visit Asia's best wildlife sanctuary Chitwan National Park and Canoe Ride over Rapti River
- Spot endangered Marsh Mugger Crocodiles, One horned Rhino and Royal Bengal Tiger

WHAT'S INCLUDED

- Shared Double Room Accommodation every night on Kathmandu, Pokhara and Chitwan
- B&B Accommodation during the Hiking Days
- Meal Specified on the day Itinerary
- All pickup and drop off from International, Domestic Airports and other City bus Station
- Private Transportation with friendly English-speaking guide during all exploration day
- English speaking professional Local Guide for Hiking days
- All tourist bus tickets mentioned on the itinerary
- Entry tickets to all the attraction points
- Scenic Domestic Flight tickets from Kathmandu to Pokhara

WHAT'S NOT INCLUDED

- Your international flights Tickets .
- Nepal Visa fees & Airport Taxes
- Extra Expenses beside mentioned on the Itinerary
- Personal Travel Insurance for all the travellers
- Tips for your drivers, hotels, restaurants, etc.
- Your other personal expenses along the trip.

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Camera for your personal Photography (Optional)

NEPAL COLORFUL HIGHLIGHTS

12N 13D
From \$1850

This is one of the authentic holidays to experience Nepal's diverse culture, lifestyle, and landscape perfect for those who are not fit for hard adventure. Visiting the Kathmandu's UNESCO heritage sites to Newari cultural city of Bhaktapur and Birth place of Lord Buddha Lumbini this 13days trip to Nepal will make your journey lifetime memorable. Views of Amazing Annapurna ranges from Dhaulagiri & Sarangkot Hill station is beyond imagination and exploration of Asia's best Chitwan National park to spot One-horned Rhinos and Bengal Tiger is the best experience to do.

MEAL GUIDE B = BREAKFAST, L=LUNCH, D =DINNER

DAY 1: ARRIVAL TO KATHMANDU: D

Departure from your place and landing at Tribhuvan International Airport, our representative will come to pick you up and overnight at Kathmandu Hotel.

DAY 2: EXPLORE ANCIENT KATHMANDU VALLEY: B/D

Today we will visit the historic Kathmandu's main attraction & UNESCO world heritage sites Kathmandu Durbar Square and Hanuman Dhoka. We will pray at Swoyambhunath Temple Nepal's holiest Buddhist Chaityas which was built by king Manadeva on 13th Century and important religious sites for Buddhism and understand the principles of Lord Buddha. During the day time we will head towards another durbar square called Patan Durbar Square which is very rich in arts and crafts. We will observe the Newari culture and traditions while visiting the Patan city. End of the day we will go to Nepal's historic city of Bhaktapur which has its own proud Newari culture & Language

DAY 3: KATHMANDU TO POKHARA: B/D

This day early morning after your breakfast journey starts from Kathmandu to Pokhara by scenic mountain flight. You will enjoy the magical landscape and fabulous Annapurna Dhaulagiri Himalayan Mountain ranges which are more than 8000 M high. From Pokhara airport, you will be picked up by your hotel and rest of the day for relaxation around Lakeside pathway.

DAY 4: POKHARA CITY EXPLORATION: B/D

Early morning getup for Sarangkot Hill station to watch a magnificent sunrise over Annapurna Dhaulagiri Mountain ranges. These are one of the best mountain ranges with Mt. fishtail and many other peaks higher than 8000 M from this spot. Later during the day, we will visit Bindhyabasini temple, World Peace Stupa Visit, Seti George & Beautiful caves in Pokhara.

DAY 5: AROUND POKHARA VALLEY & BEGNAS LAKE: B/D

This day early morning after the breakfast we will see the Pokhara's another beautiful lake situated under majestic landscape of Annapurna ranges. We will learn the process of handicraft making by some women empowerment social enterprise and during the evening time we will have a Tibetan tea break at one of the Tibetan Refugee camp near by Pokhara.

DAY 6 – HIKE TO DHAMPUS VILLAGE: B/L/D

English-speaking guide will meet you at your hotel and start the beautiful Dhampus Village hiking to experience western Nepal rural villages to taste the authentic Nepali food and understand local Gurung Culture and their lifestyle.

DAY 7: SUNRISE FROM AUSTRALIAN CAMP TO POKHARA: B/L/D

This morning we will hike early hour for the best sunrise experience over Australian Camp and during the daytime we will explore the stone thatched beautiful Dhampus Village and get more insights of rural village life. traditional dresses called Bhangra.

DAY 8: POKHARA TO CHITWAN: B/D

After exploring colourful Pokhara Valley we will head towards the Asia's best National park to Chitwan to see endangered one horn Rhinos and many wildlife's activities. We will take our tourist bus to Sauraha Chitwan and upon your arrival to Chitwan you will be transfer to your hotel. Rest of the day we will do a Bird watching tour and visit Elephant Breeding centre. After dinner we will participate & enjoy local Tharu Community ethnic dance show.

DAY 9: EXPLORATION OF CHITWAN: B/L/D

Today after breakfast we will do Canoe ride over Rapti River which will be an excellent opportunity to see various beautiful birds and see rare species of crocodiles (Marsh Mugger and Fish-eating Gharial) which are native to Chitwan National Park. We will also do adventurous jungle walk to encounter one horned Rhinos (Found only in Nepal) and deer.

DAY 10: UNDERSTAND THARU CULTURE & LIFESTYLE IN SAURHA: B/L/D

Tharus are the natives of Nepal's Terai region who have their own unique culture and tradition. Exploring the authentic lifestyle of Tharu people visiting their village is another interesting way to enjoy Nepal's holiday and later during the day time enjoy the Jeep Safari Jeep to encounter Royal Bengal Tiger which only found in India & Nepal.

DAY 11 – VISIT BIRTHPLACE OF LORD BUDDHA: B/D

Drive from Chitwan to Bhairahawa and visit the UNESCO heritage site tour (Lumbini, Birthplace of Lord Buddha) including the Maya Devi Temple, Ashoka pillar etc and some famous international monasteries around and back to hotel.

DAY 12 : BHAIRAWA TO KATHMANDU: B/D

Early morning after breakfast you will be transferred back again to Kathmandu by domestic flight.

DAY 13 : BACK TO YOUR DESTINATION: B

You will be drop off to Tribhuvan International airport with a heavy heart



TOUR HIGHLIGHTS

- Scenic views of Annapurna and Dhaulagiri Himalayan Range
- Everyday Trekking and Yoga sessions on foothills of Annapurna region
- Visit beautiful Nepali villages & learn the Nepali traditional lifestyle
- Learn & embrace the Yoga and Meditation
- Yoga Style: Hatha
- Yoga Level: Beginners to Advanced

WHAT'S INCLUDED

- All Government and Local Taxes
- Staff Costs Including Their Salary, Insurance, Equipment, Food & Accommodation
- First aid kits, Yoga mats, and meditation blanket
- All Ground Transportation Involved During the Trip
- Meals as Specified on The Day Itinerary
- Tea Houses/B & B Guest House Accommodation
- An experienced and certified English-speaking Local Yoga teacher
- All Essential Trekking Permits
- An experienced and certified English-speaking Local Yoga teacher

WHAT'S NOT INCLUDED

- Tips for your Guide, Porter & Drivers
- All Government and Local Taxes
- Personal Travel Insurance -Strongly Recommended
- Evacuation in case of emergency
- Your other personal expenses along the trip
- Porter hire is for extra Charge
- Nepal Visa fees & Airport Taxes
- Your international flight's Ticket

WHAT TO BRING WITH YOU

- Insect Repellent Sprays
- Basic First Aid Supplies
- Water Bottle & Water Purification Tablet
- Trekking Poles (Optional)
- Head Lamps
- Hat or Cap to Avoid the Sun
- Warm Jacket, Trousers Extra Clothes
- Hiking Shoes & Pair of Slipper

TREK WITH YOGA RETREAT IN NEPAL'S HIMALAYAS

7N 8 D

FROM \$850

Nepal is ancient land of Yogis and Gurus who had embraced the Yoga & Meditation on their daily life and people follow the importance of this centuries old practice to maintain healthy life & spiritual thinking. In addition, Pokhara is Nepal's important adventure and leisure destination and perfect place to do Yoga and meditation while doing trekking at foothills of Various villages. This guided trek is an exclusive blend of experiencing spirituality, wellness and experiencing adventure of Nepal. This retreat also offers relaxing meditation session on the lap of stunning views of Himalayan peaks and birds chirping in a peaceful environment.

MEAL GUIDE **B** = BREAKFAST, **L** =LUNCH, **D** =DINNER / **VEGETARIAN MEAL**

DAY 1: ARRIVAL TO POKHARA:D

We will pick you up from Pokhara Airport or Pokhara Tourist Bus Park and Overnight at Pokhara Hotel. Enjoy your beautiful dinner on the lakeside by overlooking Phewa Lake Annapurna Himalaya.

DAY 2- POKHARA TO TIKHEDHUNGA: B/L/D

Start your day with early morning refreshing yoga session, keeping beautiful mountains in your backdrop. After the yoga session, we will head towards to Nayapul (1.5 -2 Hrs) drive and then hike to Tikhedhunga village for overnight.

DAY 3- TIKHEDHUNGA TO GHOREPANI: B/L/D

Today, after an early morning yoga session, we will continue our journey to a higher elevation up to the culturally rich Ghorepani village of Gurung Community. The trail leads you through many villages and dense forests to Ghorepani where you will see the magnificent Annapurna Himalaya ranges.

DAY 4- GHOREPANI - POON HILL- TADAPANI: B/L/D

Early morning hike to Poonhill is the main highlights of this Yoga trip to view the spectacular sunrise over various different mountain peaks of Annapurna range. You will encounter majestic ranges very close to your eyes which is a unique adventure experience.

DAY 5- TADAPANI TO JHINU: B/L/D

Today's journey will be passing through beautiful mountain villages and walking in dense forest rich with Flora and Fauna. You will also be in awe of the meditative sound of the flowing river that you come across the trail. At Jhinu, you will have the opportunity to relax your body dip yourself in a hot spring pool which is natural source.

DAY 6- JHINU – POKHARA: B/L/D

You will be enjoying stunning views of the Himalayan peak's reflections in the water at your Early morning energizing yoga class at Pokhara. We will do the boating over the Phewa lake during the day time and visit beautiful Hindu temple in the middle of the Phewa Lake. Rest of the day you can enjoy yourself and buy some souvenirs from Lakeside street

DAY 7- POKHARA EXPLORATION DAY: B/D

You will be enjoying stunning views of the Himalayan peak's reflections in the water at your Early morning energizing yoga class at Pokhara. We will do the boating over the Phewa lake during the day time and visit beautiful Hindu temple in the middle of the Phewa Lake. Rest of the day you can enjoy yourself and buy some souvenirs from Lakeside street

DAY 8- POKHARA – KATHMANDU: B

Early morning yoga sessions will be conducted and we will drop you off at either Pokhara airport or Pokhara Tourist Bus station.



BOOKINGS & ENQUIRIES

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